

Rumbalara Explorer



2 hrs 45 mins

Hard track

6.1 km Circuit

326m

4

Pretty well the grand tour of the Rumbalara Reserve, this walk takes in much of the great scenery the reserve has to offer. The walk covers both the lower and upper sections of the reserve and passes through the great variety of forest on show. The walk also passes three of the four bronze sculptures in the reserve. Yaruga picnic area would be a great spot to stop for lunch with it's facilities and excellent views.

5m

Rumbalara Reserve

Rumbalara Reserve

Rumbalara Reserve lies just to the east of the Gosford CBD and is part of Gosford's Coastal Open Space System (COSS). There is an extensive set of well marked walking tracks within the reserve. Yaruga Picnic Area has free electric BBQs while both Yaruga and Nurrunga picnic areas have toilets, picnic tables, nearby lookouts and proximity to walking tracks. The picnic areas are accessed via Dolly Ave, Springfield, with the gate being locked at 8pm each evening. The Rumbalara Environmental Education Centre, at the end of Donnison St, Gosford, is one of several good access points to the walking tracks in the lower section of the reserve. [More info.](#)

Rumbalara Environmental Education Centre

This centre is 'a New South Wales Department of Education and Training facility that provides environmental education and field work opportunities to students, teachers and the community of the Central Coast'. The centre is at the end of Donnison St, Gosford and is a good access point to some of the walking tracks in the adjoining Rumbalara Reserve. [More info.](#)

Rumbalara Reserve Flora and Fauna

The reserve is home to a wide range of flora and fauna. The vegetation types range from the relatively dry 'Coastal Narrabeen Ironbark Forest' to pockets of 'Coastal Warm Temperate Rainforest'. Commonly seen birds include Kookaburras, Eastern Rosellas and Magpies. Rarer birds such as the Glossy Black Cockatoo and Swift Parrot are sometimes sighted here as well. Sugar Gliders, Brush-tailed possums, Blue-tounged lizards and Tree snakes can be seen in the reserve if you are patient and lucky enough.

Cappers Gully quarry

This old quarry site is beside Cappers Gully in the Rumbalara Reserve, Gosford. The area is fenced off for safety reasons. The neat, square-cut walls of the quarry make an interesting sight on the walks in the area.

Casuarina

Commonly known as the she-oak, sheoak, ironwood, or beefwood, casuarinas have 'delicate, slender ultimate branches and leaves that are no more than scales, making the tree look more like a wispy conifer'. There are 17 species of Casuarina 'native to Australasia, southeastern Asia, and islands of the western Pacific Ocean'. [More info.](#)

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Hunter District](#))
- 2) Fire Dangers ([Greater Sydney Region](#))
- 3) Park Alerts ()
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series:91312S GOSFORD

1:100 000 Map Series:9131 GOSFORD



Mobile phone coverage depends on many factors, this graph displays the probability of mobile coverage along this walk. Although hopefully close, actual coverage will vary from what is shown here. Please always carry a PLB in remote areas.

Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 4/6
Hard track

Length	6.1 km Circuit
Time	2 hrs 45 mins
Quality of track	Formed track, with some branches and other obstacles (3/6)
Signs	Directional signs along the way (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Rumbalara Environmental Education Centre car park (gps: -33.4277, 151.3477) by car or bus. Car: There is free parking available.

This is a circuit, so you will finish back at the start.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.it/re>

0 | Rumbalara Reserve

Rumbalara Reserve lies just to the east of the Gosford CBD and is part of Gosford's Coastal Open Space System (COSS). There is an extensive set of well marked walking tracks within the reserve. Yaruga Picnic Area has free electric BBQs while both Yaruga and Nurrunga picnic areas have toilets, picnic tables, nearby lookouts and proximity to walking tracks. The picnic areas are accessed via Dolly Ave, Springfield, with the gate being locked at 8pm each evening. The Rumbalara Environmental Education Centre, at the end of Donnison St, Gosford, is one of several good access points to the walking tracks in the lower section of the reserve. [More info.](#)

0 | Rumbalara Environmental Education Centre car park

(40 m 1 mins) From the car park, this walk follows the 'Rumbalara Environmental Education Centre' arrow along the paved footpath to the trackhead at the back of the buildings, signposted 'Walking Trail'.

0.04 | Rumbalara Environmental Education Centre

This centre is 'a New South Wales Department of Education and Training facility that provides environmental education and field work opportunities to students, teachers and the community of the Central Coast'. The centre is at the end of Donnison St, Gosford and is a good access point to some of the walking tracks in the adjoining Rumbalara Reserve. [More info.](#)

0.04 | Rumbalara Environmental Education Centre trackhead

(140 m 4 mins) Turn left: From the trackhead at the back of the Rumbalara EEC, this walk follows the 'Walking Trail' arrow up the steps and along the track. The track crosses a small wooden bridge and bends to the right, then climbs a little to an intersection with a management trail.

Turn right: From the intersection, this walk follows the management trail gently up the hill, leaving the bush track steps behind to the right. The trail goes gently up the hill for a short distance to an intersection at the bottom of a metal staircase, signposted 'Casuarina Track'.

0.17 | Int of Casuarina track and JWD link trail

(60 m 2 mins) Turn left: From the intersection, this walk follows the 'Picnic Areas' arrow up the staircase. The walk then continues a short distance up the sandstone path and steps to an intersection with a management trail, marked by a track information board and a 'Casuarina Track' signpost pointing back to the 'Field Studies Centre'.

0.23 | Int of Casuarina track and Casuarina link trail

(60 m 1 mins) Turn right: From the intersection, this walk follows the management trail gently down the hill, towards the gate. After a short distance, the walk passes a 'Rumbalara Reserve' signpost, to the left, then passes around the gate, arriving in the middle of the parking area near John

Whiteway Dr.

0.29 | Car park at int of White St firetrail and John Whi

(440 m 10 mins) Turn left: From the middle of the parking area, this walk follows the management trail down the hill, away from John Whiteway Dr, keeping the chain-wire fence to the right. The walk almost immediately levels out and passes around a gate, then follows the 'White St' arrow along the management trail. The trail winds around the hill, descending gently through a beautiful piece of forest until reaching an intersection beside a fenced-off area, with an 'Interpretive Centre' arrow pointing back the way you came.

0.72 | Rumbalara Reserve Flora and Fauna

The reserve is home to a wide range of flora and fauna. The vegetation types range from the relatively dry 'Coastal Narrabeen Ironbark Forest' to pockets of 'Coastal Warm Temperate Rainforest'. Commonly seen birds include Kookaburras, Eastern Rosellas and Magpies. Rarer birds such as the Glossy Black Cockatoo and Swift Parrot are sometimes sighted here as well. Sugar Gliders, Brush-tailed possums, Blue-tongued lizards and Tree snakes can be seen in the reserve if you are patient and lucky enough.

0.72 | Southern int of White St firetrail and Rainforest

(400 m 9 mins) Turn right: From the intersection, this walk follows the 'Henry Parry Drive' arrow (Rainforest Track) down the steps and along the bush track. The track immediately bends to the right, passing a couple of old picnic tables, to the left. The track then enters a forest filled with a jumble of vines and ferns, meandering for a while before crossing a small metal bridge, and continuing until reaching an intersection at the top of a metal staircase, signposted 'Rainforest Track'.

1.12 | Top of staircase on Rainforest walk

(380 m 8 mins) Turn left: From the intersection, this walk follows the 'Henry Parry Drive' arrow down the metal staircase, arriving at the end of a management trail at the bottom of the stairs.

Continue straight: From the bottom of the metal staircase, this walk follows the management trail away from the stairs. The trail soon bends to the right and continues for a short distance before passing a plaque marking the handing over of Cappers Gully Reserve, set in a stone, to the left. The trail continues a little further to an intersection just before the gate at the back of the 2GO radio station car park. The intersection is marked with a pair of track arrows on a wooden post.

Turn left: From the intersection, this walk follows the bush track, immediately crossing the small gully, leaving the nearby gate and car park behind on the right. The track soon bends to the right, at a track marker post, and continues, keeping the houses to the left, until reaching the trackhead at the intersection of Frederick St and Henry Parry Dr, Gosford, marked with a track information board and a 'Rainforest Track' signpost pointing back to 'Cappers Gully'.

1.51 | Henry Parry Dr trackhead

(850 m 19 mins) Turn left: From the trackhead at the intersection of Frederick St and Henry Parry Dr, Gosford, this walk follows Henry Parry Dr up the hill, leaving the information board behind on the left. The walk turns left into White St and continues to the 'Rumbalara Reserve' signpost beside the gate at the end of the street.

Continue straight: From the end of White St, this walk passes the 'Rumbalara Reserve' signpost, goes around the gate, and follows the 'Cappers Gully' arrow along the management trail. The trail meanders along the hillside for some time. At one point, there are some long thin stone slabs forming a retaining wall, on the right. The trail eventually reaches an intersection, signposted 'Cappers Gully'.

2.36 | Cappers Gully quarry

This old quarry site is beside Cappers Gully in the Rumbalara Reserve, Gosford. The area is fenced off for safety reasons. The neat, square-cut walls of the quarry make an interesting sight on the walks in the area.

2.36 | Northern int of White St firetrail and Rainforest

(250 m 9 mins) Turn right: From the intersection, this walk follows the 'Ouraka Point' arrow up the steps and along the bush track. The walk crosses some short metal footbridges and then climbs more steeply, through beautiful forest scenery. The walk climbs a lot of sandstone steps and some sets of metal stairs, and after some time arrives at an intersection, with a 'Rainforest Track' signpost pointing back to 'Cappers Gully'.

2.61 | Southern Int of Rainforest walk and Bayview firetr

(440 m 11 mins) Turn left : From the intersection, this walk follows the management trail in the opposite direction to the 'Bay View Ave' arrow, leaving the steps of the 'Rainforest Track' behind to the left. After a short distance, the walk arrives at an intersection, with a bush track to the left, signposted 'Rainforest Track'.

Turn left: From the intersection, this walk follows the 'Ouraka Point' arrow down the steps and along the bush track. After descending for a short distance, the track bends to the right and levels out. The track meanders for some time through beautiful forest scenery, crossing two short metal footbridges, before climbing a long set of sandstone steps, then a metal staircase, arriving at an intersection with a management trail, with a 'Rainforest Track' signpost pointing back to 'Cappers Gully'.

3.05 | Casuarina

Commonly known as the she-oak, sheoak, ironwood, or beefwood, casuarinas have 'delicate, slender ultimate branches and leaves that are no more than scales, making the tree look more like a wispy conifer'. There are 17 species of Casuarina 'native to Australasia, southeastern Asia, and islands of the western Pacific Ocean'. [More info.](#)

3.05 | Int of Rainforest walk and Casuarina walk

(30 m 1 mins) Turn right: From the intersection, this walk follows the 'Picnic Areas' arrow along the management trail, keeping the views of Gosford to the left. After a short distance, the walk arrives at a sculpture of Charles Sturt, to the right.

3.08 | Sculpture of Charles Sturt

(140 m 2 mins) Continue straight: From the sculpture, this walk follows the management trail, keeping the views of Gosford to the left, and leaving Charles Sturt behind on the right. The walk continues along the trail to an intersection with a paved track, signposted 'Casuarina Track'.

3.22 | Int of Casuarina walk and Flannel Flower walk

(750 m 18 mins) Veer right: From the intersection, this walk follows the management trail up the hill leaving the paved 'Casuarina Track' behind on the left. After a very short distance, the walk arrives at an intersection with a bush track, signposted 'Flannel Flower Track'.

Veer right: From the intersection, this walk follows the 'Yaruga Picnic Area' arrow along the bush track, going gently down the hill. The walk meanders along the side of the hill for some time, passing occasional sandstone steps before continuing past an intersection with a bush track (on the left, uphill), and another soon after (on the right, downhill). The walk continues for some distance, climbing gently with numerous steps, before arriving beside the toilet block at Yaruga Picnic Area. The walk turns right and follows the paved path past the information board, then goes across the picnic area, following the 'Lookout' arrow to the electric BBQs.

3.97 | Yaruga Picnic Area

This picnic area is right beside Dolly Ave, within the Rumbalara Reserve, Gosford. The facilities include free electric BBQs, picnic tables, toilets and garbage bins. There are information boards with details of the walking tracks and other features of the reserve. There are a couple of lookout points at the edge of the picnic area with great views out across Gosford and the surrounding areas.

3.97 | Yaruga Picnic Area BBQs

(120 m 2 mins) Turn left: From the BBQs, this walk goes across the picnic area towards the road and down the steps. The walk veers to the right, following the road gently down the hill for a short distance to an intersection with a bush track, beside a low boulder, on the left (some distance before the nearby water reservoir).

Continue straight: From the intersection, this walk follows the bush track around the low boulder, to the right, keeping the nearby water reservoir to the right. The walk goes gently downhill for a short distance to an intersection with a management trail.

4.09 | Int of Flannel Flower walk and Red Gum walk

(340 m 8 mins) Turn left: From the intersection, this walk follows the management trail gently down the hill, away from the nearby reservoir tank. After a short distance, the walk passes another management trail (to the left) and continues further, to an intersection with a track on the left (just before the management trail bends a little to the right and goes very steeply down the hill).

4.44 | Flannel Flower

Actinotus helianthi, popularly known as the Sydney flannel flower, is frequently spotted by spring-time bushwalkers in the Sydney region. Generally growing up to 50 cm, the stem, branches and leaves of the plant are a pale grey in colour, covered in downy hair (rather like flannel in texture). [More info.](#)

4.44 | Int of Flannel Flower walk and Jarret St fire trail

(220 m 4 mins) Veer left: From the intersection, this walk follows the track, leaving the steep downhill section of the management trail to the right. The track follows under or near some power lines for a short distance, then climbs gently around the side of the hill for a while to an intersection with the road, with a 'Flannel Flower Track' signpost pointing back to 'Loop to Yaruga Picnic Area'.

Continue straight: From the intersection, this walk follows the 'Yaruga Picnic Area' arrow across the road. The walk crosses the small car park, passing between some metal posts to a track junction with signposts for the 'Ironbark Loop', the 'Casuarina Track' and the 'Flannel Flower Track'.

4.66 | Junction of Ironbark, Casuarina and Flannel flower

(250 m 5 mins) Turn right: From the track junction, this walk follows the 'Nurrunga Picnic Area' arrow (Ironbark Loop sign) along the bush track, leaving the nearby car park to the right. The walk almost immediately crosses the road, arriving at an 'Ironbark Loop' sign.

Continue straight: From the 'Ironbark Loop' sign, this walk follows the 'Nurrunga Picnic Area' arrow along the management trail, away from the road. After a short distance, the walk passes a toilet block, to the left, and continues a little further to an 'Ironbark Loop' sign pointing back 'To Casuarina Track', on the northern edge of the picnic area.

Continue straight: From this 'Ironbark Loop' sign, the walk goes along the edge of the picnic area, keeping the picnic area to the left, and soon arrives at the sculpture of Sir Charles Kingsford Smith.

4.91 | Sculptures in Rumbalara

There are four bronze figurative sculptures in the Rumbalara Reserve that were 'commissioned in the series "Salute to Famous Australians", which includes Captain Charles Sturt, Edward Eyre, and Sir Charles Kingsford Smith.' Matthew Flinders is the fourth in the series. They were 'commissioned by Sara Lee Kitchens (Australia) Pty Ltd and Gosford City Council for the State Bicentennial Celebrations 1987.'. Smith and Flinders are the most easily reached, at the Nurrunga picnic area. [More info.](#)

4.91 | Sir Charles Kingsford Smith sculpture

(40 m 1 mins) Turn left: From the sculpture, this walk goes across the end of the picnic area, behind Sir Charles' back. The walk passes a picnic table, to the right, then follows a bush track for a short distance, arriving at an intersection, signposted 'Ironbark Loop', beside a sculpture of Matthew Flinders.

4.95 | Matthew Flinders sculpture

(180 m 4 mins) Continue straight: From the intersection, this walk follows the 'To Casuarina Track' arrow along the bush track, keeping the views of Gosford to the right. After a short distance, the walk arrives at a track junction with signposts for the 'Casuarina Track' and the 'Ironbark Loop'. Continue straight: From the intersection, this walk follows the 'To Flannel Flower Track' arrow (Ironbark Loop sign), along the bush track, keeping the views of Gosford to the right. After a short distance, the walk arrives at a track junction with signposts for the 'Ironbark Loop', the 'Casuarina Track' and the 'Flannel Flower Track'.

5.13 | Junction of Ironbark, Casuarina and Flannel flower

(570 m 12 mins) Turn right: From the junction, this walk follows the 'Ouraka Point' arrow (Casuarina Track), along the bush track, going gently down the hill. The track descends gently for a while, taking the right branch at a fork and going down the paved steps to an intersection with a management trail, with a 'Casuarina Track' signpost pointing back to the 'Nurrunga Picnic Area'. Veer right: From the intersection, this walk follows the management trail gently down the hill, keeping the views of Gosford to the right. After a while, the walk reaches a sculpture of Charles Sturt, to the left.

Continue straight: From the sculpture, this walk follows the management trail, keeping the views of Gosford to the right and leaving Charles Sturt behind on the left. After a short distance, the walk reaches an intersection, with a 'Casuarina Track' signpost pointing back to the 'Picnic Areas'.

Continue straight: From the intersection, this walk follows the 'Ouraka Point' arrow along the management trail, going gently up the hill. After a short distance, the walk passes an informal, unfenced lookout area with obscured but nice views over Gosford, to the right. The walk continues a little further, passing a boulder in the middle of the trail, and arriving at the signposted 'Ouraka Point', with beautiful views over Gosford and the surrounding areas and waterways.

5.7 | Ouraka Point

This picturesque spot with fantastic views over Gosford and the surrounding areas, including Brisbane Waters, is located within the Rumbalara Reserve, along the Casuarina Walk. It is a beautiful spot to sit and enjoy the views for a while during a walk in the reserve.

5.7 | Ouraka Point

(420 m 12 mins) Continue straight: From Ouraka Point, this walk goes down the paved steps, keeping the views over Gosford to the right. The walk passes some large boulders (to the right) and continues down the steps before crossing over the end of a management trail and going down a metal staircase, then some sandstone steps, to an intersection with a management trail.

Continue straight: From the intersection, this walk follows the management

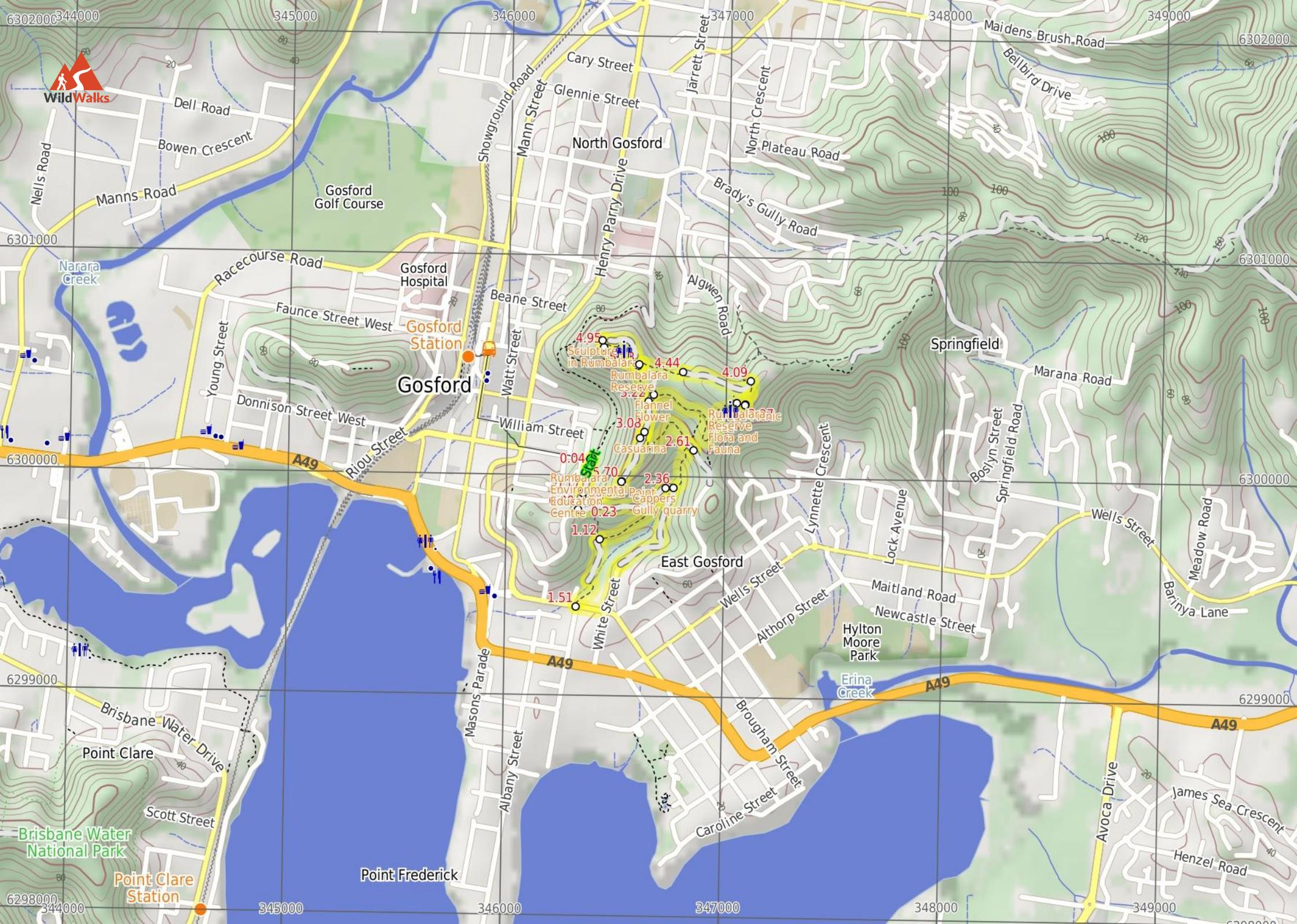
trail gently down the hill, leaving the steps behind on the right. After a short distance, the walk arrives at an intersection marked by an information board, and a 'Casuarina Track' signpost pointing back to the 'Picnic Areas'.

Turn right: From the intersection, the walk follows the 'Field Studies Centre' arrow down the steps. After a short distance, the walk goes down a metal staircase, arriving at an intersection with a management trail, and a 'Casuarina Track' signpost pointing back to the 'Picnic Areas'.

Turn right: From the intersection, this walk follows the management trail gently down the hill, leaving the metal staircase behind on the right. The trail goes gently down the hill for a short distance to an unmarked intersection with a bush track (going down some wooden steps to the left).

Turn left: From the intersection, this walk follows the track down the steps and immediately bends to the right. After descending a little, the track bends to the left and crosses a small bridge, then goes down some more steps to the trackhead at the back of the Rumbalara EEC buildings, with a 'Walking Trail' arrow pointing back the way you came.

Turn right: From the trackhead, this walk goes across the timber deck and down the paved footpath to the nearby car park.



Summary navigation sheet for the Rumbalara Explorer



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
0.00	Rumbalara Environmental Education Centre car park -33.4277,151.3477 (GR Gosford, 464001)	3 0	40 m 1 mins	From the car park, this walk follows the 'Rumbalara Environmental Education Centre' arrow along the paved footpath to the trackhead at the back of the buildings, signposted 'Walking Trail'.
0.04	Rumbalara Environmental Education Centre trackhead -33.4281,151.3475 (GR Gosford, 464000)	18 -1	140 m 4 mins	Turn left: From the trackhead at the back of the Rumbalara EEC, this walk follows the 'Walking Trail' arrow up the steps and along the track.
0.17	Int of Casuarina track and JWD link trail -33.4291,151.3472 (GR Gosford, 464999)	8 0	60 m 2 mins	Turn left: From the intersection, this walk follows the 'Picnic Areas' arrow up the staircase.
0.23	Int of Casuarina track and Casuarina link trail -33.4295,151.3475 (GR Gosford, 464999)	0 -4	60 m 1 mins	Turn right: From the intersection, this walk follows the management trail gently down the hill, towards the gate.
0.29	Car park at int of White St firetrail and John Whiteway Dr -33.4298,151.347 (GR Gosford, 463998)	15 -34	440 m 10 mins	Turn left: From the middle of the parking area, this walk follows the management trail down the hill, away from John Whiteway Dr, keeping the chain-wire fence to the right.
0.72	Southern int of White St firetrail and Rainforest walk -33.4289,151.3512 (GR Gosford, 467000)	15 -37	400 m 9 mins	Turn right: From the intersection, this walk follows the 'Henry Parry Drive' arrow (Rainforest Track) down the steps and along the bush track.
1.12	Top of staircase on Rainforest walk -33.431,151.3481 (GR Gosford, 464997)	5 -20	380 m 8 mins	Turn left: From the intersection, this walk follows the 'Henry Parry Drive' arrow down the metal staircase, arriving at the end of a management trail at the bottom of the stairs.
1.51	Henry Parry Dr trackhead -33.4338,151.3469 (GR Gosford, 463994)	52 -19	850 m 19 mins	Turn left: From the trackhead at the intersection of Frederick St and Henry Parry Dr, Gosford, this walk follows Henry Parry Dr up the hill, leaving the information board behind on the left.
2.36	Northern int of White St firetrail and Rainforest walk -33.4289,151.3517 (GR Gosford, 468999)	53 -3	250 m 9 mins	Turn right: From the intersection, this walk follows the 'Ouraka Point' arrow up the steps and along the bush track.
2.61	Southern Int of Rainforest walk and Bayview firetrail -33.4274,151.3527 (GR Gosford, 469001)	41 -13	440 m 11 mins	Turn left : From the intersection, this walk follows the management trail in the opposite direction to the 'Bay View Ave' arrow, leaving the steps of the 'Rainforest Track' behind to the left.
3.05	Int of Rainforest walk and Casuarina walk -33.4269,151.3502 (GR Gosford, 466002)	2 0	30 m 1 mins	Turn right: From the intersection, this walk follows the 'Picnic Areas' arrow along the management trail, keeping the views of Gosford to the left.
3.08	Sculpture of Charles Sturt -33.4266,151.3503 (GR Gosford, 466002)	3 0	140 m 2 mins	Continue straight: From the sculpture, this walk follows the management trail, keeping the views of Gosford to the left, and leaving Charles Sturt behind on the right.
3.22	Int of Casuarina walk and Flannel Flower walk -33.4254,151.3505 (GR Gosford, 466003)	61 -30	750 m 18 mins	Veer right: From the intersection, this walk follows the management trail up the hill leaving the paved 'Casuarina Track' behind on the left.
3.97	Yaruga Picnic Area BBQs -33.4255,151.3553 (GR Gosford, 471003)	4 -8	120 m 2 mins	Turn left: From the BBQs, this walk goes across the picnic area towards the road and down the steps.
4.09	Int of Flannel Flower walk and Red Gum walk -33.4245,151.3555 (GR Gosford, 471004)	8 -22	340 m 8 mins	Turn left: From the intersection, this walk follows the management trail gently down the hill, away from the nearby reservoir tank.
4.44	Int of Flannel Flower walk and Jarret St fire trail -33.4242,151.3522 (GR Gosford, 468005)	13 -7	220 m 4 mins	Veer left: From the intersection, this walk follows the track, leaving the steep downhill section of the management trail to the right.

Summary navigation sheet for the Rumbalara Explorer



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
4.66	Junction of Ironbark, Casuarina and Flannel flower walks -33.4239,151.35 (GR Gosford, 466005)	10 -11	250 m 5 mins	Turn right: From the track junction, this walk follows the 'Nurrunga Picnic Area' arrow (Ironbark Loop sign) along the bush track, leaving the nearby car park to the right.
4.91	Sir Charles Kingsford Smith sculpture -33.4228,151.3482 (GR Gosford, 464006)	0 -1	40 m 1 mins	Turn left: From the sculpture, this walk goes across the end of the picnic area, behind Sir Charles' back.
4.95	Matthew Flinders sculpture -33.4231,151.3483 (GR Gosford, 464006)	10 -7	180 m 4 mins	Continue straight: From the intersection, this walk follows the 'To Casuarina Track' arrow along the bush track, keeping the views of Gosford to the right.
5.13	Junction of Ironbark, Casuarina and Flannel flower walks -33.4239,151.35 (GR Gosford, 466005)	4 -39	570 m 12 mins	Turn right: From the junction, this walk follows the 'Ouraka Point' arrow (Casuarina Track), along the bush track, going gently down the hill.
5.70	Ouraka Point -33.4286,151.3492 (GR Gosford, 465000)	1 -68	420 m 12 mins	Continue straight: From Ouraka Point, this walk goes down the paved steps, keeping the views over Gosford to the right.